

Sytse and Marlies were running courses and workshops in the Netherlands, Croatia, Palestine and Israel, US, Canada, UK, Germany, Hungary, Ireland, Gabon, Brussels.

More Information:

www.jeongekendevermogens.nl/sombor

A selection of the following subjects of the one-day NLP workshop Saturday 6 May:

1. The three life questions
2. The NLP-model of communication
3. Some effective presuppositions of NLP (like the map is not the territory)
4. To take your life in your own hands
5. Your unlimiting convictions
6. Your central nervous system cannot keep a denial
7. Circle of excellence
8. Reframing, the three perceptual positions
9. Introduction in Non-Violent Ccommunication

NLP: Key to personal growth and successful communication

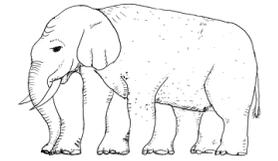


“Open the road to YOUR UNLIMITED POWERS”

A One-day workshop introduction to in
Neuro Linguistic Programming (NLP)

Organized by Somborski Edukativni Centar

Trainers: Sytse Tjallingii, international certified NLP-trainer and Marlies Tjallingii NLP-Master Practitioner, from the Netherlands.



You have more power than you think!

How successful are you in your life?

Many people will recognize this: In your personal life, in your work as professional or volunteer sometimes you may not feel so successful as you wish. Sometimes it looks as if you are drawn into the emotions of other people. You have no idea of how this happens and what you could do better. Or: you want to support or motivate another person but it seems that you don't get connection. Sometimes you meet people who seem to have more success than you, and you wonder how you could get this success as well.

Improving your communication with yourself and others

At school we did not learn to communicate better with others or with ourselves. This one day workshop introduction in NLP is about : How to improve your communication with yourself and how to get more self-trust? How to communicate in such a way so that others really understand you? Which messages do you want to give to your unconscious? How to chose empowering emotions? How to become even more successful in your work as a professional, as volunteer, in your study, in your private life, in society?

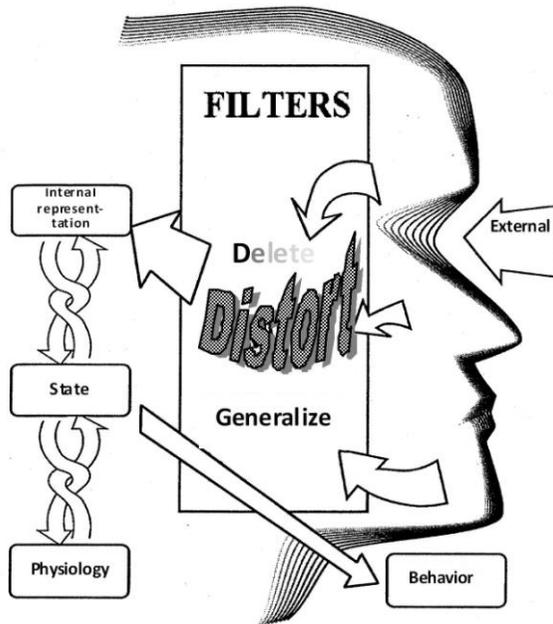


NLP isn't about the content of your message. It is about the structure of your communication. NLP makes you conscious about unconscious processes and patterns.

This one day introduction workshop will give you the taste of NLP. It may be that after this workshop you want to apply NLP techniques more and more, because you experience how effective they are.

What does NLP mean?

Neuro refers to our brains, nerves and senses and representation systems. Our thoughts and behaviour start with the observations by our senses. Neuro means how to use our senses (see, hear, feel, smell, taste) more effectively. To see small changes in someone's facial expression or to hear when a voice starts to change. Neuro is about the nerve system. Everything you are doing, thinking or feeling is the result of what is happening in your nerve system.



The NLP-communication model, the map is not the territory

Linguistic refers to the way we represent our experiences in language. Knowledge and experience are organised in language. The linguistic part of NLP aims at improving the language used for the external and internal dialogue, which every human being has.

Programming refers to the metaphor of the computer. With a program we mean: the way in which a person takes in information from the outside world or the way in which the memory digests this information to reach results. Programming means that there is a logic in the functioning of our brains and senses, which you can improve by training.

NLP Neuro-Linguistic Programming is a way of modelling successful people.

Getting more success

Attending an NLP course is a bit like attending a 'driving' school for using your brain more successfully. You will learn to recognize the 'traffic signs' in communication by sharpening your senses and learn more about the different meanings of these signs. It is about choosing which thoughts you want to focus on. You will learn to see the reality from different perspectives, so you will have more freedom in your interpretations and you will be able to understand better the model of the world of your partners in private, society and your daily life.

Why could you attend this one-day NLP workshop?

- To enlarge your self-trust
- To create more success in your life
- To take initiatives more easier
- To become more conscious about how you want to improve your life
- To improve your communication with yourself and others

Where do you want to be in your 'life bus', at the back or at the steering wheel?



